

INDIRA GANDHI NATIONAL OPEN UNIVERSITY**REGIONAL CENTRE BHOPAL****ACADEMIC COUNSELLING SCHEDULE - FOR CERTIFICATE IN NUTRITION AND CHILD CARE (CNCC) PROGRAMME**GOOGLE MEET LINK: <https://meet.google.com/gyt-roqi-dmh>**SESSION - JANUARY 2026**

S.No.	Programme Code	Date	Day	Time	Course Code	Block/Units to be covered	Name of the Academic Counsellor
CNCC-01: NUTRITION FOR THE COMMUNITY							
1	CNCC	20.04.2026	Monday	06:00 PM to 08:00 PM	CNCC-01	Block - 1: Basic Concept in Nutrition - I (Unit - 1, 2 & 3)	Dr. Rashmi Shrivastava
2	CNCC	21.04.2026	Tuesday	06:00 PM to 08:00 PM	CNCC-01	Block - 2: Basic Concept in Nutrition - II (Unit - 4, 5 & 6)	Dr. Rashmi Shrivastava
3	CNCC	22.04.2026	Wednesday	06:00 PM to 08:00 PM	CNCC-01	Block - 3: Meal Planning (Unit - 7, 8, 9 & 10)	Dr. Rashmi Shrivastava
4	CNCC	23.04.2026	Thursday	06:00 PM to 08:00 PM	CNCC-01	Block - 4: Effective Utilisation of Food Resources (Unit - 11, 12, 13, 14, 15 & 16)	Dr. Rashmi Shrivastava
5	CNCC	24.04.2026	Friday	06:00 PM to 08:00 PM	CNCC-01	Block - 5: Nutrition Related Disorders (Unit - 17, 18, 19, 20, 21 & 22)	Dr. Rashmi Shrivastava
6	CNCC	25.04.2026	Saturday	06:00 PM to 08:00 PM	CNCC-01	Block - 6: Nutrition Programmes (Unit - 23, 24 & 25)	Dr. Rashmi Shrivastava
7	CNCC	26.04.2026	Sunday	06:00 PM to 08:00 PM	CNCC-01	Block - 7: Quantity Cooking	Dr. Rashmi Shrivastava
CNCC-02: ORGANISING CHILD CARE SERVICES							
1	CNCC	27.04.2026	Monday	06:00 PM to 08:00 PM	CNCC-02	Block - 1: Introduction to Child Care and Development (Unit - 1, 2, 3, 4 & 5)	Dr. Rashmi Shrivastava
2	CNCC	28.04.2026	Tuesday	06:00 PM to 08:00 PM	CNCC-02	Block - 2: The Child Development in the First Twelve Month (Unit - 6, 7, 8, 9, 10 & 11)	Dr. Rashmi Shrivastava
3	CNCC	29.04.2026	Wednesday	06:00 PM to 08:00 PM	CNCC-02	Block - 3: The Child Development During Toddlerhood (Unit - 12, 13, 14, 15 & 16)	Dr. Rashmi Shrivastava
4	CNCC	30.04.2026	Thursday	06:00 PM to 08:00 PM	CNCC-02	Block - 4: The Child Development During Preschool Years (Unit - 17, 18, 19 & 20)	Dr. Rashmi Shrivastava
5	CNCC	01.05.2026	Friday	06:00 PM to 08:00 PM	CNCC-02	Block - 5: Play Activities for Preschoolers - I (Unit - 21, 22, 23 & 24)	Dr. Rashmi Shrivastava
6	CNCC	02.05.2026	Saturday	06:00 PM to 08:00 PM	CNCC-02	Block - 6: Play Activities for Preschoolers - II (Unit - 25, 26, 27 & 28)	Dr. Rashmi Shrivastava
7	CNCC	03.05.2026	Sunday	06:00 PM to 08:00 PM	CNCC-02	Block - 7: Organising Child Care Centre (Unit - 29, 30, 31, 32 & 33)	Dr. Rashmi Shrivastava

Signature: Sd/-*Name of the Counselling In-charge: Dr. Subash Ranjan Nayak, DD RC Bhopal***Signature: Sd/-***Sr. Regional Director: Dr. Umesh Chandra Pandey*